



MESS FUNCTION MENUS

Effective April 1, 2025 - March 31, 2026

EXCLUSIVELY FOR MESS FUNCTIONS

The following prices are based on paper service. Service labour will be an additional cost.

JUNO CATERING

Terms of Agreement

MENUS

We strive to meet your needs with a diverse menu package. However, should you require a custom menu, our Chef would be delighted to create one to meet your guests' needs. (Note; to deviate from the prices in this package will incur price adjustments). Menus must be selected no later than 7 days prior to the event. All allergies must be clearly identified to the Function Coordinator.

DIETARY CONCERNS

We are happy to accommodate dietary concerns identified in advance to the best of our ability.

Please note that our facility is not Gluten Free, Nut Free, Soy Free, etc.

There may be additional fees incurred if there are a large number of dietary concerns for one event due to the extra labour and/or food cost required to facilitate these requests.

ATTENDANCE COUNTS

All final guaranteed attendance counts are due to the catering department no later than 14 days prior to the scheduled event. In the event that Juno Catering does not receive a final attendance count, the estimated or actual number of guests served (the higher number) will be used for billing purposes. The final invoice will be sent to the OPI of the event within 10 working days.

SERVICE

Pricing for Mess food events is calculated without any service labour. As such, all food service and clean-up is the responsibility of Mess Staff and/or Mess Executive Members, or their designates.

PRICING

Prices quoted may be changed due to changes in the collective agreement wage rates, increased cost of food, or for unforeseen circumstances.

MESS EVENT MENU

TGIF, Weepers, Welfare Wednesdays, Gratis Growlies, etc.

**Prices based on paper service. Service labour extra.*

FISH & CHIPS \$12.50

Battered haddock fillets
Served with Coleslaw, Tartar Sauce & Lemons

SPAGHETTI & MEAT SAUCE \$11.00

Italian style savory meat sauce
with spaghetti noodles
Served with Garden Salad, Garlic Bread &
Parmesan Cheese

ASSORTED PIZZAS (CUT IN 8'S) \$8.75

Meat Lovers, Works & Vegetarian
Served with Caesar Salad

PULLED PORK SANDWICH \$10.75

BBQ sauce, cheese, onions, lettuce
Served with Straight-Cut Fries & Coleslaw

CRISPY CHICKEN WRAP \$10.75

Wrapped with garden greens
Served with Straight-Cut Fries

THUNDERCRUNCH BURGER \$13.50

Crispy chicken breast on Kaiser bun with mayo,
ketchup, mustard, relish, lettuce,
tomato, onion & pickle
Served with Straight-Cut Fries & Garden Salad

MEAT LASAGNA \$12.75

Ground beef, cottage cheese, lasagna noodles
& mozzarella cheese
Served with Caesar Salad & Garlic Bread

JUNO CHICKEN \$14.00

In house signature fried chicken
Served with Straight Cut Fries, Coleslaw,
Rolls & Butter

ASIAN COMBO \$13.00

Szechwan Beef Stir-Fry with Sweet & Sour Chicken
Balls, Fried Rice, Egg Rolls & Plum Sauce

DONAIRS \$10.50

Spiced Donair Meat, Pita, Onions,
Tomatoes & Donair Sauce
Served with Straight Cut Fries & Pasta Salad

PESTO CHICKEN BAKE \$12.00

Baked pasta with pesto, chicken and cheese
Served with Garlic Toast

CUBAN SANDWICH \$12.00

Ham and roast pork, cheese, and pickles served
on grilled bread.
Served with Straight Cut Fries
and Black Bean Salad.

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Number of guests should be confirmed no later than seven days prior to event.*

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HOT ROAST BEEF SANDWICH \$12.50

Slow roasted beef sliced thin
Served with Gravy, Straight-Cut Fries, Coleslaw & Garlic Bread

TACOS - CHICKEN OR BEEF \$12.75

Soft shells, salsa, sour cream, guacamole, cheese, tomatoes & onions
Served with Mexican Rice & Garden Salad

FISH TACOS \$14.00

Soft shells, crispy haddock, pico de gallo, coleslaw, cilantro lime sourcream
Served with Mexican Rice & Garden Salad

BUTTER CHICKEN \$11.25

Savoury butter chicken served with basmati rice and naan

CHICKEN POT PIE \$10.00

Chicken and vegetables in a flaky crust, served with garden salad and straight-cut fries

TOURTIERE \$10.00

Spiced beef and pork in a flaky crust, served with coleslaw and straight-cut fries

SHEPHERDS PIE \$10.00

Ground beef with carrots and peas and mashed potato topper. Served with garden salad

SHAWARMA BOWL \$11.50

Seasoned chicken served on a bed of rice, with tomatoes, lettuce, onion, falafel, pita, and hummus

BURRITO BOWL \$11.50

Ground beef on a bed of rice, with tomatoes, lettuce, onion and corn, served with sour cream, salsa, and hot sauce

JERK CHICKEN \$11.00

Jerk-spiced chicken drums with tomato chutney, served with rice and charred corn

SALMON CAKES \$10.75

Salmon cakes served with chow and garden salad

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SOUP AND 1/2 SANDWICH \$9.50

Soup of the day served with 1/2 sandwich or wrap

CHICKEN WINGS (EACH) \$1.75

Pick 2: Mild, Hot, BBQ, honey garlic, ranch, sweet thai chili, or pineapple curry sauces

CHILI CON CARNE \$8.00

Served with rolls & butter

SEAFOOD CHOWDER \$10.00

Served with rolls & butter

CLAM CHOWDER \$8.00

Served with rolls & butter

SOUP OF THE DAY \$6.00

Served with rolls & butter

BEEF GRAVY \$1.50

ROLLS & BUTTER \$1.50

CLASSIC POUTINE \$5.75

Fries, cheese curds, beef gravy

PULLED PORK POUTINE \$7.75

Classic poutine with tangy pulled pork

CHEESEBURGER POUTINE \$9.75

Classic poutine with ground beef, cheddar cheese, and green onions

18" GARLIC FINGERS \$17.75

18" PIZZA \$20.25

Vegetable, Pepperoni, or Hawaiian

18" PIZZA \$21.75

Works, or Meat Lovers

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MESS BBQ MENU

**Prices based on cook your own. Chef labour extra.*

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8 OZ. STRIPLOIN STEAK WITH CONDIMENTS \$14.25

(bbq sauce, steak sauce)

Add Sautéed Mushrooms \$2.75

Add Sautéed Onions \$1.00

8 OZ. CHICKEN BREAST WITH CONDIMENTS \$10.50

(boneless, skinless chicken breast, bbq sauce)

BRATWURST SAUSAGE WITH BUN AND CONDIMENTS \$6.50

(sauerkraut, oktoberfest mustard)

PREMIUM HAMBURGER WITH BUN AND CONDIMENTS \$8.25

(cheddar cheese, lettuce, onions, tomatoes, pickles, ketchup, mustard, relish, mayo)

JUMBO HOT DOG WITH BUN AND CONDIMENTS \$4.50

(grated marble cheese, diced onions, ketchup, mustard, relish)

CHICKEN OR PORK SOUVLAKI \$7.00

(pita, tzatziki sauce, lettuce, tomato, olives)

VEGETARIAN BURGER WITH BUN AND CONDIMENTS \$8.00

(cheddar cheese, lettuce, onions, tomatoes, pickles, ketchup, mustard, relish, mayo)

PORK RIBLET WITH BUN AND CONDIMENTS \$9.00

(grilled pork riblet, bbq sauce)

JERK CHICKEN DRUMSTICKS \$7.00

(2x jerk-spiced chicken drumsticks)

GRILLED CHICKEN BURGER WITH BUN AND CONDIMENTS \$8.00

(chicken breast, lettuce, onion, tomatoes, ketchup, mustard, mayo)

BREADED CHICKEN BURGER WITH BUN AND CONDIMENTS \$7.50

(breaded chicken burger, lettuce, onion, tomatoes, ketchup, mustard, mayo)

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CORN ON THE COB \$INQUIRE

(served with butter. Inquire for availability)

RICE AND BLACK BEANS \$3.25

(white rice, onions and black beans)

PASTA SALAD \$2.75

(al dente pasta and vegetables in a creamy sauce)

CHICKPEA SALAD \$4.00

(chickpeas, green onion, cucumber, feta, sundried tomato dressing)

BROCCOLI SALAD \$4.50

(broccoli florets, red onion, bacon, sweet mayo dressing)

POTATO SALAD \$2.25

(classic combination of hard cooked eggs, vegetables and mayonnaise with a hint of Dijon mustard)

COLESLAW \$2.00

(traditional blend of green cabbage and carrots)

GARDEN SALAD \$3.00

(crisp mixed greens, garden vegetables, assorted dressings)

CAESAR SALAD \$4.00

(tender romaine, bacon bits, croutons, parmesan cheese, creamy garlic dressing)

GREEK SALAD \$4.00

(tomatoes, cucumbers, Kalamata olives, feta cheese, greek dressing)

BAKED POTATOES WITH CONDIMENTS \$2.75

(sour cream, bacon bits, green onion, butter)

ROLLS & BUTTER \$1.50

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