



Excellence in Health Promotion
Annual Award
Guide Book
Updated Mar 2022



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Award Summary:

Awarded to an individual or unit who has, or is, making significant contributions in the field of health promotion.

This individual or unit is passionate and dedicated to health and wellness and embodies the core values, beliefs, and ideals of Health Promotion.

The ideal candidate has gone above and beyond in their efforts, whether through a project, initiative, etc.

Previous Recipients Archive

First Name	Last Name	Rank	Year Won/ Date Presented	Achievement	Notes
“Chuck” Charles	Bresette	PO1	2017	NSFA Health Promotion Network	
Campus Atlantic Health Promotion Committee			2018	Campus Atlantic Health Promotion Committee	Presented at annual CFB Halifax Sports Award ceremony held May 22, 2019
Josh	Mollins	PO1	2019		Presented at HP Offices
Ilana	Domb	S1	2020 / 2021	Embraced the role as co-rep and demonstrated outstanding efforts of during the first wave of the pandemic in supporting the unit, posting webinars for the unit during Covid19, announcing upcoming HP programs, conducting unit briefings on her role and responsibilities, providing resources, coordinating the unit’s participation with the Bell Let’s Talk social media campaign, as well as putting her own energetic spins to promote monthly health themes, and above all, maintaining frequent and regular communication with the health promotion team.	Presented at Stadacona Band
			2021	TBD	

Deadline: EOD Mar 31 each year. May be submitted at any time throughout the year.

Nominee

Details of submission (Clearly provide details of the nominee's relevant activities):

Last Name: _____

First Name: _____

Rank (if applicable): _____

Unit: _____

Name of individual's Supervisor / unit CO (if not person submitting):

Nominator

Last Name: _____

First Name: _____

Unit: _____

Phone: _____

Email: _____

Nomination Form and Nomination Criteria

Nominee Submission Deadline

- Mar 31 EOD of each year
- To be awarded at the upcoming annual Sports and Health Recognition Breakfast.
- May be nominated by any person or unit, not restricted to supervisors or from same unit/ ship/ squadron / department.
- Complete the Nomination Form and submit to hfxhealthpromotion@forces.gc.ca

Eligibility Requirements:

To be eligible for this award, nominees must meet the following criteria:

- The nominee(s) can be from any sector (i.e., unit/ base/ wing/ squadron / ship or Defense team; military (reg or res) any rank or element, or civilian)
- The nominee(s) has made a positive impact in the area of health promotion and has demonstrated results that show their impact (e.g. policy development, supportive environments, Seeks health promoting opportunities, personally, or for the benefit of the unit (i.e.: participation in majority of HPS programs, sets challenges, health promotion briefs, participation on working groups or health promoting councils, etc.))
- Demonstrates initiative extending beyond the scope of the UHPR Network
- The nominee has been able to successfully create, maintain and sustain a health promoting culture through their commitment and work

Nomination Contents:

- Describe the health promoting activity(ies) in which the nominee is involved.
- The nominee's work is described in detail and the descriptions show how they accomplished and modeled the health promotion philosophy specific to the four pillars: Healthy Policy, Teaching and Learning, Healthy Social and Physical Environments, and Partnerships and Services.
- Describe how the approach utilized by the nominee actively engaged the CAF / DND community (or communities) including, but not limited to, staff, families, DND, etc.
- Outline the positive impacts made by the nominee(s) and provide examples/proof of their positive impacts.
- Describe how the work of the nominee has provided sustainable change within the unit/ ship / squadron, CAF / DND community.

Selection Committee:

- All criteria submitted via Nomination Forms are entered into a rubric and assigned point value to be awarded by the Health Promotion Services team.
- **Nominations are to come from others, Health Promotion Services will not nominate.**

Award Presentation and Benefits

The recipient of this award receives:

- Engraved plaque on Health Promotion Excellence trophy. (to be kept on display at Health Promotion Services, WP-106)
- Small personal plaque, engraved.
- Photo with trophy.
- Certificate.
- Letter of Recognition to have award noted on PERS file.
- Recognition during the annual Sports and Health Recognition Breakfast (May of each year)
- Complimentary invitation to next year's annual Sports and Health Recognition Breakfast
- Recognition in the appropriate media (may include, but not limited to Trident, Marlant website, cafconnection website, base digital screens).

Nomination Marking Matrix

<i>Nominee:</i>		
<i>Year:</i>		
<i>Program/Project/Initiative/contribution/etc.:</i>		
<i>Category</i>	<i>Description</i>	<i>Points Awarded</i>
<i>Reproducibility</i>	<i>Ability to replicate in another unit/ ship / squadron.</i>	<i>/1</i>
<i>Sustainability</i>		
<i>Creativity</i>		
<i>Total Points:</i>		

Trophy Details:

History:

- Trophy acquired from surplus at Stadplex in 2018.
- Trophy is a solid walnut wood with 3 accoutrements.
- Accoutrements were removed and replaced with two cups and a start burst topper.
- Plaques removed and replaced with logo and award criteria summary.
- Blank shields placed in preparation for first award

Adding a New Recipient's Shield:

- Engraving is typically done through Nova Trophy
- Estimated cost for a shield engraving: ~ \$10 covered by Health Promotion Services
- Prepare purchase order & deliver trophy for engraving NLT 3 weeks prior to award presentation event date.
- Estimated turnaround time is approximately 1 week.

Nova Trophy Contact:

- Glenn Burlton
- novatrophy@eastlink.ca