

# Pool Admission Policy Requirements

## CFB Kingston Base Gym

*Ensuring our customers stay safe and have fun.*

*Assurer que nos clients restent en sécurité et s'amuse.*



<p>Children 5 years and under (with or without PFD) <u>Requirements:</u> Two children to one Guardian 12yrs +</p>	<p>Children 10 years who are non-swimmers (with PFD) <u>Requirements:</u> Eight children to one Guardian 12yrs +</p>
<p>Children 6 to 9 years who are non-swimmers <u>Requirements:</u> Four children to one Guardian 12yrs +</p>	<p>10 years who are swimmers and have passed the swim test <u>Requirements:</u> Guardian 18 years + must remain in the facility for the duration of the swim</p>
<p>Children 6 to 9 years who are non-swimmers (with PFD) <u>Requirements:</u> Eight children to one Guardian 16yrs +</p>	<p>For Camps &amp; After School Programs: Children 10 years of age who are swimmers and have passed the swim test <u>Requirements:</u> Ten children to one Guardian 12yrs+</p>
<p>Children 6 to 9 years who are swimmers and have passed the swim test <u>Requirements:</u> Eight children to one Guardian 12yrs +</p>	<p>For Camps &amp; After School Programs Leaders: <u>Recommendation:</u> All Group Leaders receive 'Safeguard' training prior to scheduled booking.</p>

### For the safety of all our customers, please note the following:

- All children 6 years and under, must be within reach of their Guardian.
- All children 10 years and under, as well as any other individuals of any age, who may be at risk in our aquatic environment will be required to complete the below swim test.
- Those who cannot pass the swim test will be required to wear a PFD / Life jacket.

### Swim Test Requirements:

- Swim a minimum of two widths of the pool (approximately 50 meters) in shallow water (no more than chest deep)
- Complete the entire distance continuously with face in the water
- No stopping or resting at any time
- Do not touch the bottom of the pool at any time
- Note: Test Ratio is a maximum of four individuals to one lifeguard.

**For more information about our Aquatic Programs and Services, please visit:  
[www.pspkingston.com](http://www.pspkingston.com) or the Base Gym Customer Service Desk.**