

Activities at Arrowhead

Rules and Regulations for Usage

1. Operational Timings:

Thursdays, Friday, Saturdays, Sundays & Mondays	Tuesdays & Wednesdays
Recreational Usage	Military Unit Usage
1000-1500hrs	To book a time call local 8737 or 8747

2. This Activities at Arrowhead may cease at any time due to the following:

- Rain (impacts safety and visibility)
- Risk of imminent thunderstorm
- Moderate winds and above (guidelines 16 + knots or higher)
- Rough/rolling water/white caps
- Staff illness / shortage

Please note: Due to the above circumstances, PSP attendant may sound the warning Air Horn. Air Horn is to notify users to return from the water immediately due to safety reasons.

3. Each user / all Adults **MUST** have a current Military ID or valid Base Gym membership and must sign a waiver prior to any equipment usage. (User waiver is good for current season.)
4. Dependents of Military members can use equipment – if Military member adds dependents names to his/her waiver.
5. Each gym member (adults & dependents) must have their OWN gym membership.
6. Adults (18 years +) must supervise those who are 16 years and under. Adults (18 years +) must keep those who are 12 years and under ‘within reach’.
7. Users are permitted 30-minutes or 60-minutes at any one time. Users must be respectful of timings and of others who may be waiting to participate.
8. All Users **MUST** use all safety equipment provided (PDF, safety boat kits)
9. Users are not to enter the Trailer unless invited to assist by the PSP attendant.
10. All Users are to stay within the defined area. (See Area of Usage map). No users can venture past breakwater wall or enter the Yacht Club dock area. All users must stay at minimum 15-feet away from boats and moorings of the Yacht Club.

Note: These rules and regulations will be updated regularly when required. Please continue to check for the most up-to-date information, and watch PSPKingston on Facebook & Instagram.