



National Defence

Défense Nationale

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3150-1 RDIMS 157745 (D Dive S)

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Distribution List

**REMOVAL OF CF DIVER
PHYSICAL FITNESS STANDARD**

- References: A. CFAO 43-2 (no longer extant)
B. DAODs 8009-0 and 8009-1
C. 2008 Minutes Canadian Forces Diving Policy Committee

1. The Physical Fitness Standard for Canadian Forces Diving Personnel (CF Diver Express test) was previously promulgated in CFAO 43-2. It established a higher set of standards of physical and aerobic fitness than the current CF Express test for all diving personnel in the CF. Reference A was replaced by Reference B (Canadian Forces Diving Organization) in September 2006 and does not contain or specify higher fitness standards for CF Diving personnel. Therefore there is no existing policy directing CF Divers to attain a higher than CF Express Test standard.
2. It is recognized that diving fitness is a critical component in diving efficiency and safety and that the standard for divers should be above that required for general CF members. Currently, PSP staff in cooperation with the CF Diving and the CF Medical community are working on a objective based CF Diver Fitness Standard/test which, once approved, will replace the standard CF Express test for CF personnel and Divers. This project has yet to be proven or implemented and is still in its development phase. Until a new diving fitness test is implemented, it was agreed at reference C (2008 CFDPC) that divers would only need to achieve the CF Express Test standard. This includes the option of exemption if the CF incentive standard is attained.

3. Therefore until the CF Diver Fitness Standard Project is completed and implemented, the standard, policies, procedures and SOP's for testing divers or potential divers will be conducted according to the minimum standard as currently required by all military personnel prescribed in DAOD 5032-2. There is no longer a CF Diver Express test standard. Any questions related to this interim policy can be addressed to Cdr CJ Deere, Director of Diving Safety at 819 997-2859.

C.J. Deere
Commander
Director of Diving Safety

Distribution List

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